



Welcome to the first edition of Black Health Initiative's Newsletter. The aims of which, are to familiarise you with BHI's services and inform you of health issues that affect Dual Heritage, African, African Caribbean and BME communities in Leeds.

OUR MISSION STATEMENT...

BHI aims to develop interventions that enable service users to make positive lifestyle choices in relation to their health and well-being.

OUR SERVICES...

- Support and advocacy for young people and adults affected by sexual/reproductive ill health
- HIV testing and counselling
- Screening for sexually acquired infections (chlamydia and gonorrhoea testing)
- Counselling for adults and young people aged 13+
- Support and advocacy for young people (13-25) affected by substance use
- Support and advocacy for men affected by Prostate Cancer
- Complementary Therapies

NEW HEALTH DEVELOPMENTS 2009/11

- Advocacy service for women and young girls affected by Female Genital Mutilation (FGM)
- Accessible information on our website for British Sign Language users
- Development of health projects for Black Lesbians and Black men who have sex with men
- Black women's health clinic facilitated by a midwife and female doctor
- Advocacy and support for Dual Heritage, African, and African Caribbean communities affected by vision loss



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Introduction to the ISIS Project at BHI

Abedemi Fasanmi started work as the Isis worker in August 2009. She previously worked as a medical officer at the University of Maryland in Nigeria. Previous health promotion work included coordinating training for public health workers and liaising with voluntary and community sector to pilot and coordinate long term strategies to encourage adults to donate blood. Abedemi is currently undertaking an MA in Gender Studies at Leeds University.

The Service Objectives of the ISIS Project are to:

Engage and support Dual Heritage, African and African Caribbean women in community development activities with the aim of assisting in developing skills, raising self esteem and encouraging informed decision making in improving women's sexual reproductive health and well being.

BHI will achieve this through:

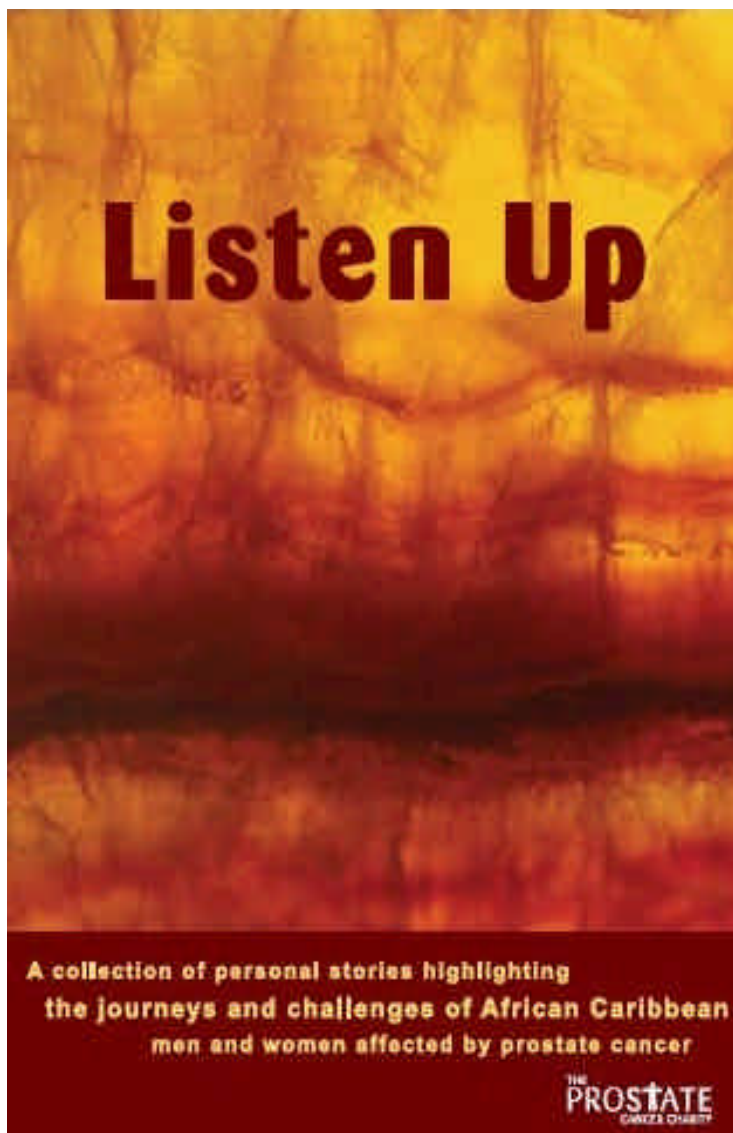


- ▶ Working in partnership with Dual Heritage, African and African Caribbean women to link health beliefs, attitudes, cultural norms and practises into a positive health impact
- ▶ Developing stronger links with key primary care workers and structures to ensure their knowledge and understanding of the target population is maximised
- ▶ Working with established faith, voluntary, community organisations and women's groups to promote interventions that raise awareness of sexual, reproductive, maternal and child health
- ▶ Outcome focused sexual health interventions for women accessing Isis's services



NEW Prostate Cancer Resource

In partnership with the Prostate Cancer Charity, BHI has produced a booklet specifically for African Caribbean men affected by prostate cancer. The booklet describes their personal accounts of the affect of Prostate Cancer and how it has forced them to challenge their beliefs and values in order to stay alive or help those close to them. All the stories are based on real men facing prostate cancer.



Booklets are free to service users, and 50p per issue to the voluntary and statutory sector. Ring the BHI office on 0113 3070300 to request your copy or email us at admin@bhileeds.org.uk with your name, address and "request for prostate cancer booklet" in the subject line.

Any questions about prostate cancer and information/access to a specialist nurse can be obtained free and confidentially from:

**Prostate Charity Confidential
Helpline**

Freephone: 0800 074 8383

Mon – Friday 10am – 4pm Wednesday
7pm – 9pm.

➔ Vacancy@BHI

BHI's Kusikia Counselling Service is seeking to recruit:

SESSIONAL COUNSELLORS

To work with African, African Caribbean and Dual Heritage Adults utilising an integrative person centred approach to counselling.

We are seeking counsellors with a minimum of a Diploma in Counselling with three years post qualifying experience and who are BACP accredited or working towards accreditation.

Candidates must have experience in counselling African, African Caribbean and Dual Heritage clients and be aware of issues that may arise with this client group. **The posts are open to any candidate with the relevant skills and experiences.**



To obtain an application form please contact Tenniel Anderson on 0113 3070300.

Email: admin@bhileeds.org.uk

Freebies Freebies Freebies

That's Right! Visit us on Bank Holiday Monday at Leeds Caribbean Carnival in Potternewton Park. Come visit us on our Mobile Health Bus (courtesy of Genesis Project) for a health MOT check. We will be offering free blood pressure, diabetes and prostate checks and screening for Chlamydia, Gonorrhoea and HIV. We also are giving away free headscarves, pens and BHI's sought after 'bag for life' shopping bags! **The first 100 people to the mobile health bus will receive one free!**



Free & Confidential HIV Testing

BHI Testing Times provides free rapid HIV testing in a confidential setting. We have trained workers to answer any questions about HIV and the HIV test. Clients are asked to give a pin-prick sample of blood to our nurse. Results are usually ready within 20 minutes.

If a client receives a positive result the Testing Times team will arrange for further tests and an appointment at a sexual health clinic. Testing Times can also help clients access local emotional and practical support services. Clients who receive a negative result can talk about why they put themselves at risk and how they might want to manage their risk taking in the future. If a client wishes they do not need to give their real name when attending. Our drop in sessions take place on **Mondays between 6pm and 8pm. Please call 07910 977 756 or 07980 176 746 for more information.**



Who's Who @ BHI...

Service Manager

Office Administrator

Teenage Pregnancy Worker

Kusikia Counselling Service

MASH (Men and Sexual Health)

Isis Project (Women's Health)

Finance Worker

Mayisha (Substance Misuse)

Heather Nelson

Tenniel Anderson

Lorraine Charlton

Patricia Grant

Ansell Broderick

Abidemi Fasnami

Vacant

Liz Lane

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